

Resources for Children, Youth and Families

GENERAL RESOURCES		
2-1-1	https://www.uwp.org/programs/2-1-1/	211 assists families in connecting to resources in their community. From help with a utilities bill, to housing assistance, after-school programs for kids, and more, dial 211 or text the zip code to #898-211 to talk with a resource specialist for free. Specialists will listen to a family's needs and give them information on programs in their community that might be able to help.
KinConnector	1-866-KIN-2111	The KinConnector helpline assists families in kinship care situations, including grandparents raising their grandchildren, with locating, understanding, and accessing resources, including gaining access to local, state, and federal resources.
DHS Assistance	https://www.dhs.pa.gov/Services/Assistance/Pages/default.aspx	Links to resources including, but not limited to, housing, cash, food, utilities, and medical assistance.
HELPLINES		
DHS Warmline	Support & Referral Helpline: 1-855-284-2494 For TTY, dial 724-631-5600	The helpline is available 24/7 for those struggling with anxiety or overwhelming emotions due to COVID-19. Specialists will listen to Pennsylvanians and refer them to community-based resources that can further help to meet individual needs.
Mental Health and Suicide Crisis Lines	https://www.dhs.pa.gov/Services/Mental-Health-In-PA/Pages/default.aspx	Mental Health in PA offers resources from the Office of Mental Health and Substance Abuse Services (OMHSAS) for mental health and substance use disorder.
Crisis Text Line	https://www.crisistextline.org/text-us/	The Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via text.
AUSTISM AND INTELLECTUAL DISABILITY SUPPORTS		
HCQU (Health Care Quality Unit)	https://www.myodp.org/mod/page/view.php?id=7699	The Health Care Quality Units (HCQUs) work to support and improve the health information and knowledge for the intellectual disabilities community service system by building capacity and

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		<p>competency within the physical and behavioral health care systems as well as the stakeholders of the ID system.</p> <p>There are eight HCQUs across Pennsylvania.</p>
ASERT (Autism Services, Education, Resources and Training)	<p>www.Paautism.org/resource/coronavirus-resources/</p>	<p>ASERT (Autism Services, Education, Resources and Training) is a partnership of medical centers, centers of autism research and services, universities, and other providers involved in the treatment and care of individuals of all ages with autism and their families. ASERT was developed to bring together resources locally, regionally, and statewide.</p>
AID in PA	<p>https://aidinpa.org/</p>	<p>AID in PA is a resource collection for Pennsylvanians in the autism and intellectual disability communities. A joint effort between ASERT (Autism Services, Education, Resources, and Training) and the statewide HCQUs (Health Care Quality Units) designed to connect individuals with disabilities, families, professionals, and community members with resources that can best serve them in emergency situations. Current resources focus on the ongoing COVID-19 crisis.</p>
Parent to Parent of PA	<p>1-888-727-2706</p> <p>http://www.parenttoparent.org/</p>	<p>Families of children and adults with disabilities or special needs are matched in order to develop a supportive network.</p>
PA Family Network	<p>Contact:</p> <p>PAFamilyNetwork@visionforequality.org,</p> <p>1-844-PAFamily (1-844-723-2645)</p> <p>https://www.visionforequality.org/pa-family-network/</p>	<p>The PA Family Network services include providing information, connections and supports through Family Advisors and networking opportunities, including family workshops and individual mentoring sessions throughout Pennsylvania.</p>
EARLY CHILDHOOD RESOURCES		
Early Intervention	<p>https://www.dhs.pa.gov/Services/Children/Pages/Early-Intervention%20Services.aspx</p> <p>Referrals-1-800-692-7288</p>	<p>Early Intervention helps children with disabilities develop and learn to their fullest potential, while enhancing each family's capacity to meet the developmental needs of their child in</p>

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		the settings where children would be if they did not have a disability.
Early Learning Resource Centers (ELRCs)	https://www.dhs.pa.gov/Services/Assistance/Pages/ELRCs.aspx	Pennsylvania’s Office of Child Development and Early Learning (OCDEL) designed ELRCs as a place where families can find high-quality early education opportunities, apply for assistance to help with child care costs or access other resources that will set them on a path to success. It is also where child care providers can receive information on improving program quality.
CASE MANAGEMENT/CARE COORDINATION SERVICES		
County Mental Health/Developmental Services Agencies	http://www.mhdspa.org/Pages/Local-Contacts.aspx	If an individual is in need of case management/care coordination for mental health and/or developmental services, they should contact their local county mental health/developmental services agency for assistance.
Special Needs Units	http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/document/c_271137.pdf	Managed Care Organizations (MCOs) are responsible for managing physical health care for children enrolled in Medical Assistance. MCOs’ Special Needs Units provide care coordination and refer individuals to other resources like housing and mental or behavioral health services.
Special Kids Network (SKN) Helpline	https://www.health.pa.gov/topics/programs/Special%20Kids%20Network/Pages/Special%20Kids%20Network.aspx 1-800-986-4550	The SKN helpline assists providers and parents of children and youth with special health care needs access local services and supports. SKN serves children and youth with physical, developmental, behavioral or emotional needs from birth through age 21.

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